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London Eat



## Spring into Summer at Gilgamesh

Posted by [Catherine Pile](#) on 21/06/2010

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Being a huge fan of all things sushi related, I was really excited to try out Camden Towns Gilgamesh restaurant and bar.

Situated in Camden's stables market, the tall building has a real presence amongst all the market stalls.

Famed for its Pan - Asian menu, the menu offered a real mix of the traditional sushi and sashimi, combined with hearty dishes of beef bulgori and Thai curries.

The restaurant itself is huge. We arrive via a long escalator to our second floor dining area. Despite the size, the friendly welcome we receive makes the restaurant feel so much more intimate.

We are shown to our table, a beautiful hand carved circular table covered in rose petals. The eastern influences of the food translate through to the décor, floating candles and flowers decorate the vast room, while the smell of scented joss sticks perfume the air.

The kitchens are all open, so you can view the chiefs preparing the food. When the food is this beautiful, it's so

good to see all the other dishes too!

Seated in our beautiful circular booth we order our cocktail, I went for the long drink 'Shuruppak' a blend of vodka and fresh juices, finished with berries, my dining partner went for a Maragrita. Both were seriously good cocktails, the laid back atmosphere here means you are more than welcome to come for dinner, or just enjoy the drinks menu!



We are encouraged by our waitress to adopt the tapas style of eating, ordering a selection of smaller dishes, to be shared.

On her recommendation we order the Chefs selection assorted sashimi to begin. Presentation is everything here; the sashimi arrives at our table on dry ice, filling the whole surface with white steam. (Cat I have pics if you need) The fish is so fresh, and not too scary! Consisting of salmon, tuna and white fish, it's the perfect amount to share.

Next to arrive were a mix of dishes, the Mr Chang Sushi rolls, the Gilgamesh house special sushi rolls and the Steamed Scallop and prawn top dumpling. Again all beautifully presented, with carved vegetable flowers. The mix of flavours are amazing, and everything is incredibly fresh.



While I could eat sushi forever, the non sushi lovers also can pick from a large selection of dishes, my partner went for a manly main dish, Beef Bulgogi. The rare beef was served on a large helping of chive mash. Still managing to look beautiful, it was certainly hearty!

Finally, almost to full to move (although the dishes are said to be small, each one was very substantial) we order deserts, the banana cake with coconut ice cream was amazing, it tasted so light, but still felt indulgent. My partner opted for the freshly made chocolate fondant, again with a scoop of the most creamy ice cream. It seemed a shame to tuck in, each dish was presented so beautifully - a mini work of art!

Leaving Gilgamesh and entering back into Camden's bustling market, we really felt that we had discovered a true gem!

**Address:** Gilgamesh Restaurant Bar & Lounge The Stables Market Chalk Farm Road London NW1 8AH

**URL:** [www.gilgameshbar.com/index.htm](http://www.gilgameshbar.com/index.htm)

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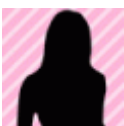


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